

# 3 Day Baker

## On Mountain Food Menu

2024 Season



### DINNER DAY 1

Shredded BBQ Chicken Sandwich  
with Coleslaw & Kettle Chips

### VEGETARIAN/VEGAN SUBS

Sub BBQ Roasted Jackfruit,  
can omit dairy

### GLUTEN FREE SUB

Sub Gluten Free Bun



### BREAKFAST DAY 2

Oatmeal topped with Granola and  
Dried Blueberries & Coffee/Tea

### GLUTEN FREE SUB

Sub Gluten Free Oatmeal



### DINNER DAY 2

Super Ramen with Rice Noodles,  
Chicken, Fresh spinach, Mushroom,  
Green Onion, Egg  
(GF/DF)

### VEGETARIAN/VEGAN SUBS

Sub Edamame, can omit Egg



### BREAKFAST DAY 3

Oatmeal topped with Granola and  
Dried Blueberries & Coffee/Tea

### GLUTEN FREE SUB

Sub Gluten Free Oatmeal

*Vegetarian/Vegan/GF substitutions are only available to those who noted dietary restrictions at time of application - please confirm during your gear check.*

